

December 2022

President Message

Happy Hannukah and Christmas to all our members! We have had a busy year and we are looking forward to a brief pause to reflect and spend time with loved ones. As clinicians, we give our all for our patients, employers, profession, and families. It is important to take time to reset, relax, and reorganize our priorities to keep us grounded and free from burnout. Self-care, and not necessarily with the products marketed to us, is a huge part of our well-being. Being true to ourselves, our goals, and our dignity is the start. While we are a small part of your life, we hope to make



your professional goals easier, and we endeavor to do so in 2023. Please stay tuned for all APAOG has to offer.



Here is a recap of December 2023:

On December 1st, APAOG supported Mind the Gap and Postpartum Support International with advocacy efforts for mental health support!

Additionally, we have supported the <u>March of Dimes on advocacy</u> for three bills:

- The Black Maternal Health Momnibus Act
- A set of bills addressing the maternal health crisis and deep inequities faced by mothers of color
- The Newborn Screening Saves Lives Reauthorization Act
 - A bill that renews critical programs to improve and expand newborn screening and support research
- The PREEMIE Reauthorization Act
 - Affirms the federal government's commitment to preventing premature birth through renewing research, promoting healthy pregnancies, and increasing agency coordination

Additionally, we finalized our partnership with the <u>Alliance for Innovation on Maternal Health (AIM)</u> and will be working to increasing our contributions to maternal health! Please be sure to check out the amazing work that this organization is doing to improve maternal health outcomes! We also serve on the AIM Community of Learning on Obstetric Emergencies Readiness.

Additional meetings this month include the Society of OBGYN Hospitalists Safety and Quality Committee and Fellowship Committee. I was honored to lecture current SOGH fellows on working with PAs as laborist. We are also a part of the ACOG CREOG interdisciplinary council and will be present at their in-person meeting in February 2023! As the current AAPA liaison for ACOG, I serve on the Clinical Consensus Council-Gynecology, where we are doing great work to provide guidance on important clinical challenges.

It has been a busy month, but it is time to recharge and enjoy the magic of the holiday season. See you in 2023!

Melissa Rodriguez, DMSc, PA-C





Save the Date | 2023 APAOG Annual Conference

Hyatt Regency Milwaukee July 17 - July 19, 2023

APAOG is excited to be hosting an in-person conference in 2023! We hope you will make plans to join us in Milwaukee, WI for a highly interactive conference with plenty of handson skills and trainings, lectures and time to connect with friends and colleagues from across the US!

Learn more about Milwaukee, Wisconsin, the "Brew City" here.

About the Conference

Sessions for the 2023 conference will include didactic and hands-on activities on: Navigating Infant Loss, Respectful Maternal Care, Health equity, Contraception, Menopause, PCOS, Endometriosis, Fibroids, Obstetrics care and procedures, Surgery Primer: Laparoscopy, Ultrasound training, Fetal Heart Tracings, ASCCP training for colposcopy and LEEP -LARC training including Nexplanon, Subspecialty focus: Wound care, MVA, Biopsies, and more!

Lodging Information

Book your room at the Hyatt Regency Milwaukee, before July 26, 2023 to receive the discounted room rate of \$169 plus taxes and fees. To make reservations, either call the Hyatt Regency at 888-421-1442 and request the APAOG Annual Conference Room Block or **book online**.

New Mayo Clinic PA Fellowship

Communications

The Artemis

Read the Fall Issue of The Artemis: The Journal of the Association of PAs in OBGYN! This is a member-only benefit that is new in 2022. Visit our website to access the newest release, for more information, resources, ways to get involved, and to provide your feedback! We look forward to hearing from you in order to make the next issue even better.



What to Expect:

Page 01 Letter to the Editor - Jennifer M Wysong, MMS, PA-C

Page 02 Artwork Submission - Elyse Watkins, HDSc, PA-C, DFAAPA, NCMP

Page 02 Poetry Submission - Melanie Lucks, MMS, PA-C

Page 03 Literature Review - Preconception Mediterranean Diet Element Consumption and

Fertility Success in Women Undergoing IVF: A Systematic Review

Page 09 APAOG Podcast, Quick Links, and Webinars

Page 10 You Can Influence Uterine Fibroid Care - Yasmeen Bhatty, PharmD

Journal Webpage

The APAOG Podcast

Have you listened in yet? New episodes are released on our website and you can listen to them from your preferred podcast platform. Visit our website for more information and to access!



Podcast Webpage

Membership

Educational Affiliate Membership

This offer is available year round - join today for only \$150 (\$245 value!) by clicking below. ACOG needs your help to provide a strong voice for the specialty. Join today in order to add your voice and reap your benefits.



*Only available for Fellow, Associate and Affiliate APAOG members.

ACOG's Membership Discount

Education

On-Demand Webinars

APAOG is proud to offer members NO COST on-demand CME webinars that can be accessed at your convenience! The APAOG webinar series focuses on topics pertinent to PA's practicing in OB/GYN.

2022

Pathophysiology and Management of Abnormal Fetal Heart Rate Tracings Elijah A.J. Salzer, DMSc, PA-C, NYSAFE, C-EFM

Optimizing healthcare for individuals in the sex work industry, poly/open relationships, and BDSM/kink communities

Aleece Fosnight, PA-C

Birth Control Without the Pill: Non-hormonal, female contraceptive options *Mari Chadwick, MPAP, PA-C*

Diversity in Women's Health LaDonna Clark, DMSc, PA-C

The Birthing Process
Melissa Rodriguez, DMSc, PA-C

What We Need to Know About STDs in Practice Ami Steele, DMSc, PA-C, DFAAPA

Human Lactation & Breastfeeding/ Chestfeeding Kristine Burgess, MS, PA-C, CLC

2022 Virtual Conference - On Demand Recordings

The 2022 virtual conference was held April 29-30, 2022. All sessions were recorded and are available now to view. Registration is available for those who wish to access and did not previously register for the conference Visit our website for more information and to register!



Career Center

APAOG's career center may be the place for you to start your search for a new career, build your resume or post any current opening(s). The easy-to-use website has a variety of different options depending on what you are looking for. Click one of the buttons below to begin using the resources available to help both employers and job seekers.



Start Your Search

All Resources

Helpful Links

APAOG Board of Directors

APAOG Committee Chairs

Student Resources

Membership Details

Career Center

Upcoming Events



Association of Physician Associates in Obstetrics and Gynecology

563 Carter Court, Suite B, Kimberly, WI 54136

Phone: 920-560-5620 | Email: apaog@badgerbay.co